



**N.V.K.S.D.COLLEGE OF EDUCATION, ATTOOR  
(AUTONOMOUS)**

(Affiliated to Tamilnadu Teachers Education University and  
Re-accredited by NAAC with 'A' Grade)  
Attoor post, Kanniyakumari District,  
Tamilnadu-629177.

**BEST PRACTICES**

**Best Practice -1**

Title of the practice: Enhancing communication skills of prospective teachers to make them globally competent through activities

**Objectives:**

- To create awareness on the importance of good communication skill in English for modern - day teachers.
- Provision of circumstances to communicate clearly and effectively in English
- To create unique and employable student teachers skilled in listening, speaking, reading and writing.

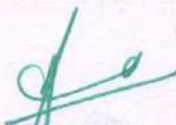
**The Context:**

Most of the students come from rural area and Tamil medium and they find it difficult to communicate in English. Moreover, the schools coming for campus placement have English as the medium of instruction and prefer candidates with good command over English.

Effective teaching depends upon the knowledge of the teacher as well as the style of communication. A teacher, who can communicate well with students can enhance the learning process and find solutions to their problems effectively. To interact properly with the students, the teacher should possess essential communication skills. Hence, activities for developing good communication skills are included in the B.Ed. curriculum.

**The Practice:**

The practical component on communication skills creates an environment to develop essential communication skills like positive motivation, effective body language, sense of humor, understanding the students, team formation and technical skills. Learners are given the chance to practice communication in constructive and supportive environments and are monitored. Strategies for teaching

  
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communication skills include direct observation, interactions, small group discussions, role play within groups and training sessions for electronic communication using digital presentation, language lab and extempore speech.

Evidence of Success:

- Acquire effective communication skills in English to impart knowledge to students, classroom management and facilitates interaction with students and parents.
- Adopt supreme skills of communication which motivate the students toward their learning process
- Sustained change in learners' behaviour and attitudes towards communication in English
- Strengthens the relationship among the students and teachers

Problem encountered:

- Watching individual students' skill acquisition is tedious and time consuming

### Best Practice-2

1. Title of the Practice: Training in life skills to promote positive behavior among students

2. Goal:


- To lead students to succeed in professional and personal life.
- To develop self-confidence in dealing with challenges successfully
- To accomplish holistic growth by enhancing knowledge, skills, attitudes and values needed for better academic accomplishment

3. Context

Life skills are crucial for everyone to cope with a rapidly changing world. The curricular and co-curricular activities are planned in line with training life skills. It develops knowledge, skills and attitudes, which integrate student performance with those needed in the workplace. The prospective teachers make a positive contribution by understanding their rights and responsibilities and are able to face the challenges of working life. Life skill education promotes success in the 21st century by developing healthy societies and employable individuals through activities for creativity, critical thinking, problem-solving, decision-making, ability to communicate and collaborate.

4. Practice:

To enhance the life skills in students the following techniques are adopted- class discussions, brainstorming, role play, demonstration, guided practice, education games, simulations, debates, and case studies. Activities like citizenship camp, music, art, drama and dance also develop essential personal skills and social responsibility that contribute to good citizenship. Personal development includes mastery over certain skills through activities that enhance potential talent, spiritual development, health, social abilities, human capacity, etc to accomplish the desired goals in life. It

  
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provides the ability to be adaptive and develop positive behavior, psychological competencies and interpersonal skills to deal effectively with the demands of everyday life. It helps a person to make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships and cope with managing life in a healthy manner. A record on Life skill education is to be submitted by the B.Ed. students. An elective subject on life skills is included for M.Ed. programme and students are encouraged to conduct research and submit dissertations on life skills related topics.

5. Evidence of success:

- Knowledge of life skills help to realise the full potential of the student teachers
- Enhances self-efficacy, self-confidence, self-awareness and intellectual well-being at the end of the B.Ed. programme
- Better involvement and contribution in community and extension activities.
- Holistic growth of students in various aspects appropriate for the job industry.
- Qualitative enhancement in learning among most of the students as indicated through result analysis.

6. Problems/Challenges:

- The development of the programme requires highly systematic approach.
- It requires construction of various assessment tools
- More training is needed from the experts in the field of Life Skill Education

  
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